

WORLD RISE HIGHER. WORLD RISE HIGHER.



RISE HIGHER

JOURNEY INWARDS

4 DAY RETREAT EXPERIENCE

FROME, ENGLAND
APRIL 24-28, 2024



We create unique experiences
that guide your inward journey

HER. WORLD RISE HIGH EA



Where science meets the mystic

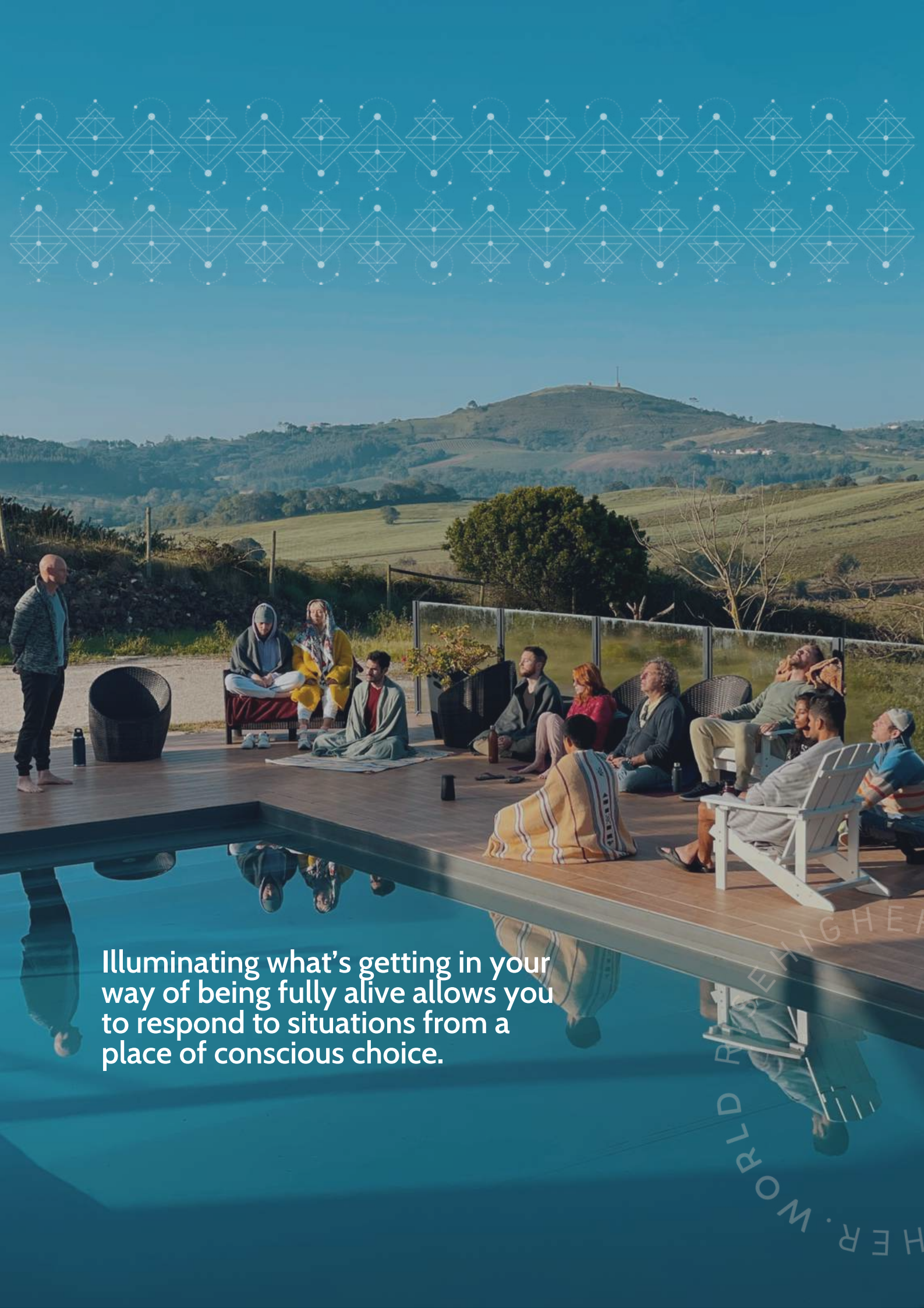
Dive deeper into science-backed techniques that help you break through limiting beliefs and barriers. Our retreats bring about significant positive shifts in the quality of your life. They allow you to become conscious of (and disarm) negative loops, behaviors, and patterns - transforming counterproductive beliefs and perceptions limiting your life.



Spiritual Coach **Paul Vincent**

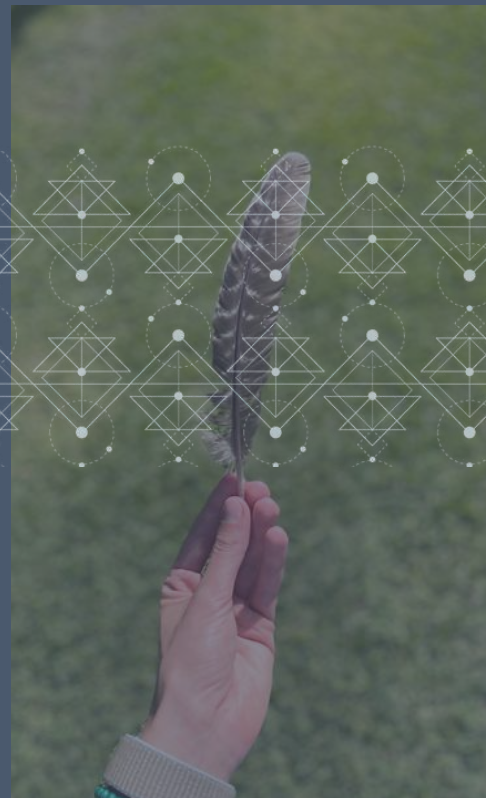
With compassion and expertise Paul guides the world's top performers on a journey of self-discovery. Known for his unique blend of evidence-based techniques and ancient wisdom, Paul empowers individuals to shatter self-imposed limitations to cultivating deep peace, and a sense of inner harmony.

- Paul brings teachings from 10 years of deep study with Indigenous tribes from around the world.
- He has 20 years of experience coaching professional athletes, celebrities, and executives in transformative performance
- And is currently pursuing his PhD in Psychedelic Therapy Studies



Illuminating what's getting in your way of being fully alive allows you to respond to situations from a place of conscious choice.

HER. WORLD REVEALED

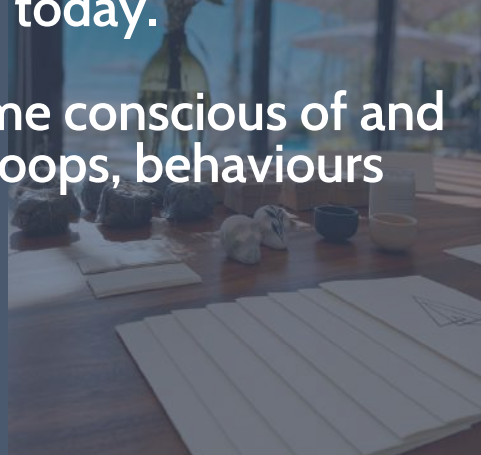
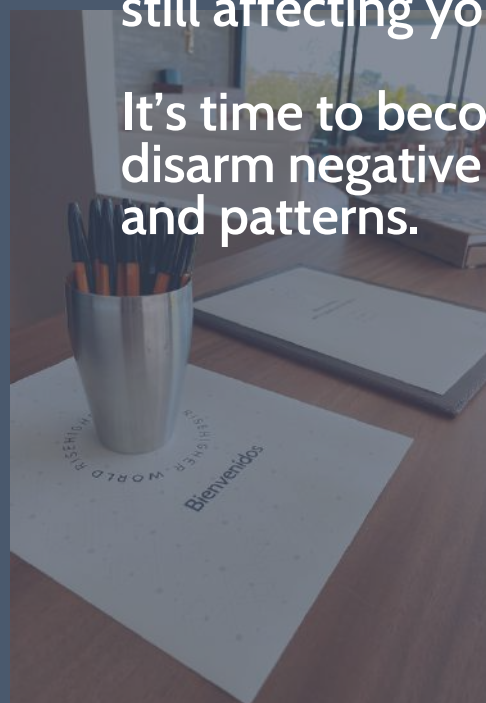


This is a unique experience that guides your inward journey.

This retreat is the culmination of tried and tested programs that have helped many people break through limiting beliefs.

Our discussions and activities will help you understand the blueprint of the human mind and see how thousands of years of evolution are still affecting you today.

It's time to become conscious of and disarm negative loops, behaviours and patterns.





RISE HIGHER

JOURNEY INWARDS

4 DAY RETREAT EXPERIENCE

Location
**Frome,
England**

Dates
April 24-28

- Check-In: Wed, April 24th @ 5p
- Check-Out: Sun, April 28th @ 12p

Exclusive
20 people

What's included



mindfulness
practices



paradigm
shifting
discussions



self
reflection
work



shamanic
lineage



nourishing food



daily
movement



breathwork

About the retreat location



42 Acres is a wildlife sanctuary with over 170 acres of flora and fauna, including the ancient woodlands, lakes and meadows. There's a range of beautiful public walks in the area, a 7 acre lake, and biodynamic and permaculture inspired vegetable gardens.

Approximately 2 hours and 15 minutes by car from London, 42 Acres was built on the principles of co-creation through living in harmony with self, nature and others.





A Regenerative Estate, Nature Reserve & Wellbeing Centre

Reconnect with nature, self and others. The wide-open spaces, fresh air, and natural light will provide optimal warmth and tranquility. It's the perfect setting to dive deep into this healing work. 42 Acres has established regenerative spaces to curate transformational experiences, and foster opportunities to learn, heal and grow.











Retreat schedule

Arrival day (Wednesday, April 24th)

- Check-in at 5p
 - Welcome Dinner
-

Day 1 (April 25th)

- Breathwork
- Meditation
- Light breakfast
- Movement
- Discussion
- Lunch
- Self reflection
- Discussion
- Dinner

Day 2 (April 26th)

- Breathwork
- Meditation
- Light breakfast
- Movement
- Journey
- Integration discussion
- Dinner

Day 3 (April 27th)

- Breathwork
 - Meditation
 - Light breakfast
 - Movement
 - Journey
 - Integration discussion
 - Dinner
-

Departure day (Sunday, April 28th)

- Check-out at 12p
- Breakfast



Watch testimonials from those who
joined our past retreat experiences





Pricing

To secure a space, submit an application and book a call with our team. If accepted to our retreat, we will provide further details. See instructions below:

Single, Shared £ 4,000

PER PERSON
FOR SINGLE BED / SHARED ROOM
+ RETREAT + MEALS

PRICE BREAKDOWN

RETREAT PRICE

£ 2,000

FOOD

£ 550

ACCOMMODATION

£ 1,500

Single, Private £ 4,800

PER PERSON
FOR KING-SIZED BED / PRIVATE ROOM
+ RETREAT + MEALS

PRICE BREAKDOWN

RETREAT PRICE

£ 2,000

FOOD

£ 550

ACCOMMODATION

£ 2,250

Couple, Private £ 7,350

PER COUPLE
FOR KING-SIZED BED / PRIVATE ROOM
+ RETREAT + MEALS

PRICE BREAKDOWN

RETREAT PRICE

£ 3,000

FOOD

£ 1,100

ACCOMMODATION

£ 3,250

1. FILL OUT APPLICATION FORM

[Access the form](#)



2. BOOK A CALL WITH OUR TEAM

[Scheduling Link](#)



▼
Apply before
March 1st
▲



Cancellations

Retreat payment is non-refundable because we can only accept a small group. We require that everyone informs us of their current well-being and what their intentions are for attending.



DESIGN
THE
LIFE
YOU
WANT



For further questions, please contact:
eddie@risehigher.world